AFRICA AT A GLANCE

Diabetes in Africa (AFR) (20-79 years)	2014	2035
Total population (millions)	924.0	1,511
Adult population (millions)	425.5	775.5
Number of people with diabetes (millions)	21.5	41.5
Regional prevalence (%)	5.1	5.3
Comparative prevalence (%)	5.9	6
Undiagnosed cases (millions)	13.4	-
Total diabetes-related deaths (thousands)	480.9	-
Deaths under the age of 60 (%)	75.1	-
Total diabetes-related health expenditure (USD billions)	4.5	6.4

22 M
people living with diabetes

PREVALENCE 5.1%

Diabetes is a **chronic condition** that can lead to **serious and costly complications**

Diabetes costs to society are **high and escalating**

DIABETES IN AFR (2014)

More than 21 million people have diabetes. If we do not act now, this figure will almost double by 2035

1 in 20 adults have diabetes – the lowest prevalence across regions

However, **Africa has the highest percentage (62%) of undiagnosed people**, who are at a higher risk of developing harmful and costly complications

Diabetes will cause **481,000 deaths** in 2014

75% of those deaths will be in people **under the age of 60** – the highest percentage across regions

Africa has the lowest diabetes-related expenditure, at only **USD 4.5 billion**

Top 5 countries for number of people with diabetes (20-79 years), 2014

Countries/territories	Millions
Nigeria	3.747
South Africa	2.713
Ethiopia	2.135*
Democratic Republic of Congo	2.036*
Tanzania (United Republic of)	1.795*

Top 5 countries for diabetes comparative prevalence (%) (20-79 years), 2014

Countries/territories	%
Réunion	15.4*
Seychelles	12
Western Sahara	11.2*
Gabon	10.7*
South Sudan	10.1

*Based on extrapolation from similar countries

Want more information?

For more information on the AFR region: www.idf.org/regions/africa

For the latest updates on the IDF Diabetes Atlas, see www.idf.org/diabetesatlas or scan the QR code for the iPad app

DIABETES ATLAS

Country/territory	Adult population (20-79) in 1000s	Diabetes cases (20-79) in 1000s	Undiagnosed diabetes cases (20-79) in 1000s	Diabetes national prevalence (%)	Diabetes comparative prevalence (%)	Diabetes related deaths (20-79)	Diabetes related deaths under 60 (%)	Cost per person with diabetes (USD)	One in X adults has diabetes
Angola	9,259	184.5	84.9	2.0	2.6	4,457	72.6	390.7	50
Benin	4,932	66.3	49.8	1.3	1.5	1,221	69.5	64.5	75
Botswana	1,127	30.6	14.1	2.7	3.9	1,118	69.7	657.7	37
Burkina Faso	7,588	243.2	182.6	3.2	3.7 *	6,265	77.9	73.9	31
Burundi	4,702	195.9	147.1	4.2	4.8 *	4,829	83.6	38.2	24
Cabo Verde	297	15.6	7.2	5.3	5.9 *	157	62.2	227.1	19
Cameroon	10,511	515.3	237.0	4.9	5.9	13,822	78.4	108.9	20
Central African Republic	2,314	150.2	112.8	6.5	7.3 *	3,934	81.8	31.2	15
Chad	5,348	264.6	198.7	5.0	5.8 *	6,926	82.0	61.2	20
Comoros	360	24.5	18.4	6.8	8.4	284	59.7	65.9	15
Côte d'Ivoire	9,926	490.2	225.5	4.9	5.6 *	11,884	76.8	162.4	20
Democratic Republic of the Congo	30,615	2,035.9	1,528.6	6.7	7.6 *	33,619	77.7	28.3	15
Djibouti	496	28.2	13.0	5.7	6.4 *	533	72.9	214.9	18
Equatorial Guinea	397	20.5	10.2	5.2	6.1 *	437	80.3	2,036.6	19
Eritrea	3,058	149.7	112.4	4.9	5.7 *	1,720	75.4	27.5	20
Ethiopia	44,085	2,135.0	1,603.1	4.8	5.5 *	34,262	72.9	32.7	21
Gabon	866	78.3	36.0	9.1	10.7 *	1,299	42.0	637.6	11
Gambia	827	12.9	9.7	1.6	2.0	198	77.2	51.1	64
Ghana	13,478	450.0	337.9	3.3	3.8 *	8,528	72.4	148.4	30
Guinea	5,655	218.6	164.1	3.9	4.4	3,965	66.8	59.2	26
Guinea-Bissau	837	27.8	20.9	3.3	3.8 *	660	73.8	55.6	30
Kenya	21,556	775.2	582.1	3.6	4.5	15,523	78.2	81.8	28
Lesotho	1,078	39.8	18.3	3.7	4.5 *	1,867	86.8	246.6	27
Liberia	2,052	68.5	51.4	3.3	3.8 *	1,375	71.6	123.2	30
Madagascar	10,941	361.0	271.1	3.3	3.7 *	5,298	67.9	34.4	30
Malawi	7,326	389.7	292.6	5.3	5.6	12,799	89.5	46.4	19
Mali	6,587	85.2	64.0	1.3	1.6	1,972	61.3	86.5	78
Mauritania	1,969	94.9	43.7	4.8	5.2	1,288	77.1	93.0	21
Mozambique	11,592	286.1	214.8	2.5	2.8	10,104	87.5	73.4	40
Namibia	1,238	66.0	30.3	5.3	6.9 *	1,386	65.4	803.5	19
Niger	7,312	318.2	238.9	4.4	4.2	5,555	87.1	49.1	23
Nigeria	80,712	3,746.5	1,723.4	4.6	5.3 *	105,091	77.6	178.4	22
Republic of Congo	2,138	112.5	51.8	5.3	5.9 *	2,549	76.0	183.8	19
Réunion	579	96.2	44.3	16.6	15.4	-	-	0.0	6
Rwanda	5,492	299.1	224.6	5.5	6.3 *	5,464	83.1	123.8	18
Sao Tome and Principe	95	4.8	2.2	5.0	5.9 *	62	64.2	196.2	20
Senegal	6,642	292.0	134.3	4.4	5.1 *	3,474	61.4	95.7	23
Seychelles	64	7.8	3.6	12.3	12.0	91	45.8	661.2	8
Sierra Leone	2,980	97.6	73.3	3.3	3.8 *	2,891	80.4	179.6	30
Somalia	4,504	290.7	218.3	6.5	7.3 *	5,153	76.3	22.5	16
South Africa	32,343	2,713.4	1,248.2	8.4	9.4	68,977	59.8	948.5	12
South Sudan	5,504	464.1	213.5	8.4	10.1 *	8,015	60.8	0.0	12
Swaziland	638	22.6	10.4	3.6	4.3 *	1,378	91.2	473.2	28
Togo	3,330	133.0	99.9	4.0	4.7	2,516	70.1	73.1	25
Uganda	15,691	693.2	520.5	4.4	5.2 *	17,570	84.9	87.7	23
United Republic of Tanzania	22,572	1,794.8	1,347.7	8.0	9.2	36,065	79.0	75.4	13
Western Sahara	384	40.2	30.2	10.5	11.2 *	-	-	0.0	10
Zambia	6,352	266.9	122.8	4.2	5.0 *	7,599	86.2	191.3	24
Zimbabwe	7,139	605.1	454.4	8.5	9.3	16,704	84.5	58.6	12

National/regional prevalence: the actual percentage of each country's/region's adult population that has diabetes. Appropriate for assessing diabetes burden.
Comparative prevalence: calculated by assuming that a country/region has an age profile identical to that of the world population. Appropriate for comparing countries/regions.

*Based on extrapolation from similar countries

EUROPE AT A GLANCE

Diabetes in Europe (EUR) (20-79 years)	2014	2035
Total population (millions)	910	928
Adult population (millions)	660.6	668.7
Number of people with diabetes (millions)	52	68.9
Regional prevalence (%)	7.9	10.3
Comparative prevalence (%)	6.2	7.1
Undiagnosed cases (millions)	17.2	-
Total diabetes-related deaths (thousands)	537	-
Deaths under the age of 60 (%)	23.1	-
Total diabetes-related health expenditure (USD billions)	144.3	158.6

52 M
people living with diabetes

PREVALENCE
7.9 %

Diabetes is a **chronic condition** that can lead to **serious and costly complications**

Diabetes costs to society are **high and escalating**

DIABETES IN EUR (2014)

52 million people have diabetes. If we do not act now, this figure will rise to 69 million by 2035

1 in 13 adults have diabetes

33% of them have not been diagnosed and are at a higher risk of developing harmful and costly complications

Diabetes will cause **537,000 deaths** in 2014

23% of those deaths will be in people **under the age of 60**

USD 144 billion will be spent on treating diabetes - 24% of the total worldwide

Top 5 countries for number of people with diabetes (20-79 years), 2014

Countries/territories	Millions
Germany	7.279
Turkey	7.227
Russian Federation	6.763
Spain	3.704
Italy	3.516

Top 5 countries for diabetes comparative prevalence (%) (20-79 years), 2014

Countries/territories	%
Turkey	14.8
Montenegro	9.8*
TFYR Macedonia	9.8*
Serbia	9.8*
Bosnia and Herzegovina	9.6*

*Based on extrapolation from similar countries

Want more information?

For more information on the EUR region: www.idf.org/regions/europe

For the latest updates on the IDF Diabetes Atlas, see www.idf.org/diabetesatlas or scan the QR code for the iPad app

DIABETES ATLAS

Country/territory	Adult population (20-79) in 1000s	Diabetes cases (20-79) in 1000s	Undiagnosed diabetes cases (20-79) in 1000s	Diabetes national prevalence (%)	Diabetes comparative prevalence (%)	Diabetes related deaths (20-79)	Diabetes related deaths under 60 (%)	Cost per person with diabetes (USD)	One in X adults has diabetes
Albania	2,187	64.1	19.4	2.9	2.6	870	20.7	334.5	34
Andorra	60	4.4	1.5	7.4	5.4 *	31	17.7	3,524.3	13
Armenia	2,097	58.3	17.7	2.8	2.6 *	1,026	23.5	216.2	36
Austria	6,401	573.9	195.2	9.0	6.3	4,335	15.5	6,137.2	11
Azerbaijan	6,535	156.5	47.4	2.4	2.6 *	2,395	34.6	630.6	42
Belarus	7,080	446.0	135.2	6.3	5.1 *	7,541	29.9	429.4	16
Belgium	8,007	506.9	172.4	6.3	4.7	4,076	20.2	5,679.0	16
Bosnia and Herzegovina	2,858	343.2	104.1	12.0	9.6 *	3,336	21.5	523.7	8
Bulgaria	5,537	402.8	122.1	7.3	5.0	6,299	17.9	611.6	14
Channel Islands	123	9.0	3.1	7.4	5.4 *	-	-	0.0	14
Croatia	3,204	219.7	74.7	6.9	5.5	2,107	25.6	1,060.6	15
Cyprus	850	87.1	29.6	10.2	9.3	488	23.8	2,295.6	10
Czech Republic	8,216	729.0	247.9	8.9	6.6	7,264	17.8	1,669.6	11
Denmark	4,066	337.4	114.7	8.3	6.1	3,098	18.6	7,505.4	12
Estonia	956	73.1	24.9	7.7	5.7	932	20.7	1,198.3	13
Faeroe Islands	36	2.8	1.0	7.8	5.4 *	-	-	0.0	13
Finland	3,962	352.6	119.9	8.9	5.8	2,894	17.3	4,824.1	11
France	45,223	3,241.3	1,102.2	7.2	5.2	26,183	23.6	5,600.2	14
Georgia	3,143	97.6	29.6	3.1	2.6 *	1,542	29.7	444.0	32
Germany	63,210	7,279.4	2,475.3	11.5	7.9	59,543	15.3	4,943.6	9
Greece	8,315	585.4	199.1	7.0	4.8	4,735	14.4	2,354.5	14
Hungary	7,525	565.4	171.4	7.5	5.9	7,383	31.3	1,158.6	13
Iceland	230	9.2	3.1	4.0	3.2	60	16.4	5,207.4	25
Ireland	3,239	207.6	70.6	6.4	5.4 *	1,529	19.1	4,977.4	16
Israel	4,807	309.1	105.1	6.4	5.5	2,300	15.3	3,294.7	16
Italy	45,629	3,515.8	1,195.5	7.7	4.9	23,062	12.1	3,371.2	13
Kazakhstan	10,904	536.4	162.6	4.9	5.0 *	9,928	39.2	817.4	20
Kyrgyzstan	3,335	169.6	84.8	5.1	6.3 *	2,786	45.1	135.1	20
Latvia	1,544	104.0	35.4	6.7	5.0	1,241	22.4	954.7	15
Liechtenstein	27	2.1	0.7	7.8	5.4 *	13	17.3	0.0	13
Lithuania	2,261	109.5	37.2	4.8	3.8	1,704	30.2	1,098.0	21
Luxembourg	388	22.4	7.6	5.8	4.5	170	20.7	9,423.7	17
Malta	330	35.2	12.0	10.7	7.3	269	13.5	2,113.8	9
Moldova (Republic of)	2,600	74.7	22.6	2.9	2.5 *	1,362	28.6	333.0	35
Monaco	28	2.2	0.7	7.7	5.4 *	14	23.1	7,711.8	13
Montenegro	449	53.8	16.3	12.0	9.8 *	636	23.7	0.0	8
Netherlands	12,239	886.7	301.5	7.2	5.0	7,204	14.1	6,943.1	14
Norway	3,596	249.2	84.7	6.9	5.2 *	1,658	20.1	11,144.3	14
Poland	28,941	2,049.1	696.8	7.1	5.6	20,535	26.2	1,061.8	14
Portugal	7,963	1,042.4	354.5	13.1	9.6	7,994	21.2	2,011.9	8
Romania	16,488	1,530.3	464.0	9.3	8.0	17,286	32.1	490.6	11
Russian Federation	108,525	6,762.5	2,299.6	6.2	5.0 *	123,483	29.0	1,120.7	16
San Marino	24	1.8	0.6	7.4	5.4 *	12	15.0	4,370.1	13
Serbia	7,055	844.1	255.9	12.0	9.8 *	9,966	23.2	666.9	8
Slovakia	4,173	387.3	131.7	9.3	7.2	4,892	17.2	1,633.9	11
Slovenia	1,583	158.8	54.0	10.0	7.2	1,434	20.0	2,183.9	10
Spain	35,012	3,704.1	1,259.6	10.6	7.9	24,428	20.0	3,090.6	9
Sweden	6,951	426.8	145.1	6.1	4.5	2,929	16.3	6,308.6	16
Switzerland	6,100	438.0	149.0	7.2	5.6	2,487	21.2	10,592.3	14
Tajikistan	4,471	202.8	101.4	4.5	6.4 *	2,618	38.0	96.1	22
TFYR Macedonia	1,575	180.2	54.6	11.4	9.8 *	1,914	23.9	403.1	9
Turkey	49,125	7,227.4	2,191.4	14.7	14.8	59,755	31.2	895.0	7
Turkmenistan	3,280	133.9	40.6	4.1	5.0 *	2,540	46.8	219.5	25
Ukraine	34,649	1,099.9	333.5	3.2	2.6 *	20,486	27.3	377.1	32
United Kingdom	45,580	2,452.8	834.1	5.4	3.9	21,406	16.3	4,466.1	19
Uzbekistan	17,889	912.7	276.7	5.1	6.4	12,835	38.4	166.1	20

National/regional prevalence: the actual percentage of each country's/region's adult population that has diabetes. Appropriate for assessing diabetes burden.
Comparative prevalence: calculated by assuming that a country/region has an age profile identical to that of the world population. Appropriate for comparing countries/regions.

*Based on extrapolation from similar countries

MIDDLE EAST AND NORTH AFRICA AT A GLANCE

Diabetes in the Middle East and North Africa (MENA) (20-79 years)	2014	2035
Total population (millions)	656	896
Adult population (millions)	378.3	583.7
Number of people with diabetes (millions)	36.8	67.9
Regional prevalence (%)	9.7	11.6
Comparative prevalence (%)	11.3	11.3
Undiagnosed cases (millions)	17.9	-
Total diabetes-related deaths (thousands)	362.8	-
Deaths under the age of 60 (%)	52.7	-
Total diabetes-related health expenditure (USD billions)	16.8	24.7

37 M
people living with diabetes

PREVALENCE
9.7 %

Diabetes is a **chronic condition** that can lead to **serious and costly complications**

Diabetes costs to society are **high and escalating**

DIABETES IN THE MENA REGION (2014)

Almost **37 million people have diabetes.** If we do not act now, this figure will rise to 68 million by 2035

1 in 10 adults have diabetes

Half of them have not been diagnosed and are at a higher risk of developing harmful and costly complications

Diabetes will cause **363,000 deaths** in 2014

53% of those deaths will be in people **under the age of 60**

USD 17 billion will be spent on treating diabetes - only 3% of the total expenditure worldwide

Top 5 countries for number of people with diabetes (20-79 years), 2014

Countries/territories	Millions
Egypt	7.593
Pakistan	6.944
Iran (Islamic Republic of)	4.582
Saudi Arabia	3.806
Sudan	3.007

Top 5 countries for diabetes comparative prevalence (%) (20-79 years), 2014

Countries/territories	%
Saudi Arabia	23.9
Kuwait	23.1*
Bahrain	21.9*
Qatar	19.8
United Arab Emirates	19

*Based on extrapolation from similar countries

Want more information?

For more information on the MENA region:
www.idf.org/regions/middle-east-north-africa

For the latest updates on the IDF Diabetes Atlas, see www.idf.org/diabetesatlas or scan the QR code for the iPad app

DIABETES ATLAS

Country/territory	Adult population (20-79) in 1000s	Diabetes cases (20-79) in 1000s	Undiagnosed diabetes cases (20-79) in 1000s	Diabetes national prevalence (%)	Diabetes comparative prevalence (%)	Diabetes related deaths (20-79)	Diabetes related deaths under 60 (%)	Cost per person with diabetes (USD)	One in X adults has diabetes
Afghanistan	13,087	805.2	402.6	6.2	8.1 *	18,514	72.3	101.8	16
Algeria	25,215	1,649.1	824.5	6.5	7.3	14,044	46.1	422.9	15
Bahrain	973	170.6	69.4	17.5	21.9 *	820	70.9	1,195.5	6
Egypt	49,229	7,593.3	3,796.6	15.4	16.6	72,372	47.5	213.2	6
Iran (Islamic Republic of)	53,039	4,581.6	2,290.8	8.6	10.0	38,079	42.4	722.0	12
Iraq	17,107	1,291.2	645.6	7.6	9.6	17,773	54.1	399.9	13
Jordan	4,256	378.3	189.1	8.9	11.5	3,111	48.1	638.7	11
Kuwait	2,373	424.0	172.6	17.9	23.1 *	1,232	57.0	1,949.0	6
Lebanon	3,443	494.3	247.1	14.4	14.9	6,358	30.1	834.3	7
Libya	3,826	326.8	163.4	8.5	9.8 *	2,702	44.7	908.0	12
Morocco	20,844	1,552.2	776.1	7.5	7.9	9,518	42.8	289.2	13
Oman	2,705	220.6	89.8	8.2	14.5	1,220	53.1	1,068.5	12
Pakistan	102,125	6,943.8	3,471.9	6.8	7.9	87,548	52.7	55.7	15
Qatar	1,865	303.7	123.6	16.3	19.8	643	75.6	2,748.2	6
Saudi Arabia	18,546	3,806.4	1,549.2	20.5	23.9	25,527	58.5	1,067.3	5
State of Palestine	2,141	140.9	70.4	6.6	9.2	-	-	0.0	15
Sudan	18,620	3,007.6	1,503.8	16.2	17.9	39,227	69.1	180.9	6
Syrian Arab Republic	11,838	875.7	437.9	7.4	8.8 *	8,013	46.9	181.2	14
Tunisia	7,547	704.4	352.2	9.3	9.4	5,123	40.2	418.6	11
United Arab Emirates	7,528	803.9	327.2	10.7	19.0	1,335	79.6	1,967.4	9
Yemen	12,022	716.6	358.3	6.0	8.3 *	9,661	51.2	131.3	17

National/regional prevalence: the actual percentage of each country's/region's adult population that has diabetes. Appropriate for assessing diabetes burden.
Comparative prevalence: calculated by assuming that a country/region has an age profile identical to that of the world population. Appropriate for comparing countries/regions.

*Based on extrapolation from similar countries

NORTH AMERICA AND CARIBBEAN AT A GLANCE

Diabetes in North America and Caribbean (NAC) (20-79 years)	2014	2035
Total population (millions)	501	586
Adult population (millions)	339.2	404.5
Number of people with diabetes (millions)	38.8	50.4
Regional prevalence (%)	11.5	12.5
Comparative prevalence (%)	9.9	9.9
Undiagnosed cases (millions)	10.5	-
Total diabetes-related deaths (thousands)	297.2	-
Deaths under the age of 60 (%)	41.1	-
Total diabetes-related health expenditure (USD billions)	310	295.7

39 M
people living with diabetes

PREVALENCE
11.4 %

Diabetes is a **chronic condition** that can lead to serious and costly complications.

Diabetes costs to society are **high and escalating**

DIABETES IN NAC (2014)

Almost **39 million people have diabetes.** If we do not act now, this figure will reach 50 million by 2035

1 in 9 adults have diabetes - the highest prevalence across regions

27% of them have not been diagnosed and are at a higher risk of developing harmful and costly complications

Diabetes will cause **297,000 deaths** in 2014

41% of those deaths will be in people **under the age of 60**

USD 310 billion will be spent on treating diabetes, more than in all other regions combined

Top 5 countries for number of people with diabetes (20-79 years), 2014

Countries/territories	Millions
United States of America	25.779
Mexico	9.019
Canada	3.034*
Haiti	0.318
Jamaica	0.184

Top 5 countries for diabetes comparative prevalence (%) (20-79 years), 2014

Countries/territories	%
Belize	15.9
Guyana	15.8*
Trinidad and Tobago	13.1*
Antigua and Barbuda	13.1*
Montserrat	13.1*

*Based on extrapolation from similar countries

Want more information?

For more information on the NAC region:
www.idf.org/regions/north-america-caribbean

For the latest updates on the IDF Diabetes Atlas, see www.idf.org/diabetesatlas or scan the QR code for the iPad app

DIABETES ATLAS

Country/territory	Adult population (20-79) in 1000s	Diabetes cases (20-79) in 1000s	Undiagnosed diabetes cases (20-79) in 1000s	Diabetes national prevalence (%)	Diabetes comparative prevalence (%)	Diabetes related deaths (20-79)	Diabetes related deaths under 60 (%)	Cost per person with diabetes (USD)	One in X adults has diabetes
Anguilla	9	1.2	0.3	13.2	12.6 *	-	-	0.0	8
Antigua and Barbuda	59	7.9	2.2	13.4	13.1 *	95	52.8	927.6	7
Aruba	74	12.1	3.3	16.2	13.0 *	-	-	0.0	6
Bahamas	265	34.9	9.7	13.1	12.8 *	345	58.6	2,180.9	8
Barbados	207	30.5	8.5	14.8	12.4	270	36.3	1,141.4	7
Belize	188	25.5	6.4	13.5	15.9	262	65.1	404.4	7
Bermuda	46	6.9	1.9	14.9	12.8	-	-	0.0	7
British Virgin Islands	18	2.4	0.6	13.0	12.6	-	-	0.0	8
Canada	26,113	3,033.6	840.6	11.6	9.4 *	17,923	30.3	6,741.5	9
Cayman Islands	38	5.0	1.4	13.2	12.8 *	-	-	0.0	8
Curaçao	115	18.2	5.1	15.9	12.8 *	-	-	0.0	6
Dominica	46	5.3	1.3	11.5	11.0 *	48	43.3	543.3	9
Grenada	66	5.5	1.4	8.4	9.2 *	82	40.7	718.2	12
Guadeloupe	317	25.2	6.3	7.9	6.3	-	-	0.0	13
Guyana	433	61.8	15.4	14.3	15.8 *	1,025	64.0	372.0	7
Haiti	5,671	318.3	93.6	5.6	6.7	6,314	54.8	91.1	18
Jamaica	1,709	183.8	46.0	10.8	10.5	1,828	45.2	461.0	9
Martinique	284	45.7	12.7	16.1	12.8 *	-	-	0.0	6
Mexico	75,686	9,018.6	2,254.7	11.9	12.6	68,660	42.0	892.5	8
Montserrat	3	0.5	0.1	13.7	13.1 *	-	-	0.0	7
Saint Kitts and Nevis	35	4.6	1.3	13.2	12.6	59	31.3	1,120.0	8
Saint Lucia	120	10.2	2.6	8.5	8.3 *	93	47.3	794.5	12
Saint Vincent and the Grenadines	71	7.0	1.7	9.9	10.0 *	87	59.1	493.9	10
Sint Maarten (Dutch part)	30	3.9	1.1	13.2	12.8 *	-	-	0.0	8
Suriname	342	36.7	9.2	10.7	10.8 *	463	52.9	762.5	9
Trinidad and Tobago	957	135.6	37.6	14.2	13.1 *	1,461	47.0	1,238.6	7
United States of America	226,236	25,779.3	7,143.5	11.4	9.4	198,208	35.7	10,902.2	9
United States Virgin Islands	75	12.1	3.4	16.2	12.1	-	-	0.0	6

National/regional prevalence: the actual percentage of each country's/region's adult population that has diabetes. Appropriate for assessing diabetes burden.
Comparative prevalence: calculated by assuming that a country/region has an age profile identical to that of the world population. Appropriate for comparing countries/regions.

*Based on extrapolation from similar countries

SOUTH AND CENTRAL AMERICA AT A GLANCE

Diabetes in South and Central America (SACA) (20-79 years)	2014	2035
Total population (millions)	481	568
Adult population (millions)	305.6	394.2
Number of people with diabetes (millions)	24.8	38.5
Regional prevalence (%)	8.1	9.8
Comparative prevalence (%)	8.2	8.2
Undiagnosed cases (millions)	6.8	-
Total diabetes-related deaths (thousands)	219.1	-
Deaths under the age of 60 (%)	45.6	-
Total diabetes-related health expenditure (USD billions)	28.7	34.8

25 M
people living with diabetes

PREVALENCE
8.1 %

Diabetes is a **chronic condition** that can lead to s**erious and costly complications**

Diabetes costs to society are **high and escalating**

DIABETES IN SACA (2014)

Almost **25 million people have diabetes.** If we do not act now, this figure will rise to 38 million by 2035

1 in 12 adults have diabetes

27% of them have not been diagnosed and are at a higher risk of developing harmful and costly complications

Diabetes will cause **219,000 deaths** in 2014

45% of those deaths will be in people **under the age of 60**

USD 29 billion will be spent on treating diabetes - only 5% of the total expenditure worldwide

Top 5 countries for number of people with diabetes (20-79 years), 2014

Countries/territories	Millions
Brazil	11.623
Colombia	2.192
Argentina	1.626
Chile	1.513
Venezuela (Bolivarian Republic of)	1.252

Top 5 countries for diabetes comparative prevalence (%) (20-79 years), 2014

Countries/territories	%
Puerto Rico	13
Nicaragua	12.5
El Salvador	11.8*
Honduras	11.7*
Dominican Republic	11.4

*Based on extrapolation from similar countries

Want more information?

For more information on the SACA region:
www.idf.org/regions/south-central-america

For the latest updates on the IDF Diabetes Atlas, see www.idf.org/diabetesatlas or scan the QR code for the iPad app

DIABETES ATLAS

Country/territory	Adult population (20-79) in 1000s	Diabetes cases (20-79) in 1000s	Undiagnosed diabetes cases (20-79) in 1000s	Diabetes national prevalence (%)	Diabetes comparative prevalence (%)	Diabetes related deaths (20-79)	Diabetes related deaths under 60 (%)	Cost per person with diabetes (USD)	One in X adults has diabetes
Argentina	27,236	1,626.1	451.7	6.0	5.7	15,221	39.3	1,422.7	17
Bolivia (Plurinational State of)	5,890	371.1	103.1	6.3	7.3	4,694	50.5	252.1	16
Brazil	133,880	11,623.3	3,229.0	8.7	8.7	116,383	41.7	1,527.6	12
Chile	12,287	1,513.4	325.5	12.3	11.2	8,956	35.6	1,427.0	8
Colombia	30,582	2,191.9	608.9	7.2	7.3	14,168	55.5	805.0	14
Costa Rica	3,298	305.7	84.9	9.3	9.5	1,590	45.2	1,364.4	11
Cuba	8,395	702.4	195.1	8.4	6.7	5,921	31.3	704.7	12
Dominican Republic	6,240	669.9	186.1	10.7	11.4	7,888	64.1	466.0	9
Ecuador	9,539	544.4	151.2	5.7	5.9	4,541	65.9	562.5	18
El Salvador	3,668	386.8	107.5	10.6	11.8 *	3,676	48.7	377.3	9
French Guiana	148	12.1	3.4	8.2	8.5 *	-	-	0.0	12
Guatemala	7,618	680.0	188.9	8.9	10.8	7,965	61.0	385.4	11
Honduras	4,415	420.8	116.9	9.5	11.7 *	2,774	59.9	319.7	10
Nicaragua	3,451	356.1	98.9	10.3	12.5	3,167	54.7	221.3	10
Panama	2,417	202.2	56.2	8.4	8.5 *	1,397	42.1	1,096.2	12
Paraguay	3,931	243.8	67.7	6.2	7.0 *	2,242	45.2	658.2	16
Peru	18,745	1,143.6	317.7	6.1	6.5	7,650	53.0	523.5	16
Puerto Rico	2,562	397.1	110.0	15.5	13.0	-	-	0.0	6
Uruguay	2,283	150.3	32.3	6.6	5.8 *	1,040	33.5	1,742.1	15
Venezuela (Bolivarian Republic of)	19,036	1,252.4	347.9	6.6	6.9	9,778	53.1	935.5	15

National/regional prevalence: the actual percentage of each country's/region's adult population that has diabetes. Appropriate for assessing diabetes burden.
Comparative prevalence: calculated by assuming that a country/region has an age profile identical to that of the world population. Appropriate for comparing countries/regions.

*Based on extrapolation from similar countries

SOUTH-EAST ASIA
AT A GLANCE

Diabetes in South East Asia (SEA) (20-79 years)	2014	2035
Total population (millions)	1,478	1,777
Adult population (millions)	900.3	1,216.9
Number of people with diabetes (millions)	75	123
Regional prevalence (%)	8.3	10.1
Comparative prevalence (%)	8.8	9.4
Undiagnosed cases (millions)	39.6	-
Total diabetes-related deaths (thousands)	1,185.2	-
Deaths under the age of 60 (%)	53.8	-
Total diabetes-related health expenditure (USD billions)	6.9	8.7

75 M
people living with diabetes

PREVALENCE
8.3 %

Diabetes is a **chronic condition** that can lead to **serious and costly complications**

Diabetes costs to society are **high and escalating**

DIABETES IN SEA (2014)

75 million people have diabetes. If we do not act now, this figure will rise to 123 million by 2035

1 in 12 adults have diabetes

Half of them have not been diagnosed and are at a higher risk of developing harmful and costly complications

Diabetes will cause **1,185,000 deaths** in 2014 - the highest mortality rate across regions

54% of those deaths will be in people **under the age of 60**

However, the region has the lowest diabetes-related expenditure per person with diabetes, totalling only **USD 7 billion**

Top 5 countries for number of people with diabetes (20-79 years), 2014

Countries/territories	Millions
India	66.847
Bangladesh	5.982
Sri Lanka	1.177
Nepal	0.7
Mauritius	0.21

Top 5 countries for diabetes comparative prevalence (%) (20-79 years), 2014

Countries/territories	%
Mauritius	21.2
Maldives	9.4*
India	9.1
Sri Lanka	7.8
Bangladesh	6.9

*Based on extrapolation from similar countries

Want more information?

For more information on the SEA region:
www.idf.org/regions/south-east-asia

For the latest updates on the IDF Diabetes Atlas, see www.idf.org/diabetesatlas or scan the QR code for the iPad app

DIABETES ATLAS

Country/territory	Adult population (20-79) in 1000s	Diabetes cases (20-79) in 1000s	Undiagnosed diabetes cases (20-79) in 1000s	Diabetes national prevalence (%)	Diabetes comparative prevalence (%)	Diabetes related deaths (20-79)	Diabetes related deaths under 60, (%)	Cost per person with diabetes (USD)	One in X adults has diabetes
Bangladesh	94,378	5,982.2	2,979.1	6.3	6.9	111,371	63.7	42.6	16
Bhutan	474	23.4	12.4	4.9	5.8	124	56.5	150.0	20
India	774,921	66,846.9	35,495.7	8.6	9.1	1,039,980	52.9	95.0	12
Maldives	214	17.0	9.1	8.0	9.4 *	109	32.3	869.6	13
Mauritius	892	209.7	111.4	23.5	21.2	2,461	42.4	485.0	4
Nepal	15,307	700.7	349.0	4.6	5.0	14,778	54.7	60.0	22
Sri Lanka	14,155	1,177.0	625.0	8.3	7.8	16,384	39.4	122.6	12

National/regional prevalence: the actual percentage of each country's/region's adult population that has diabetes. Appropriate for assessing diabetes burden.
Comparative prevalence: calculated by assuming that a country/region has an age profile identical to that of the world population. Appropriate for comparing countries/regions.

*Based on extrapolation from similar countries

WESTERN PACIFIC
AT A GLANCE

Diabetes in the Western Pacific (WP) (20-79 years)	2014	2035
Total population (millions)	2,294	2,476
Adult population (millions)	1,630.8	1,818.2
Number of people with diabetes (millions)	137.8	201.8
Regional prevalence (%)	8.5	11.1
Comparative prevalence (%)	7.9	8.4
Undiagnosed cases (millions)	73.8	-
Total diabetes-related deaths (thousands)	1,821.5	-
Deaths under the age of 60 (%)	45	-
Total diabetes-related health expenditure (USD billions)	101	98.4

138 M
people living with diabetes

PREVALENCE
8.5 %

Diabetes is a **chronic condition** that can lead to s**erious and costly complications**

Diabetes costs to society are **high and escalating**

DIABETES IN THE WP REGION (2014)

Almost 138 million people have diabetes. If we do not act now, this figure will rise to 202 million by 2035

1 in 12 adults have diabetes

Half of them have not been diagnosed and are at a higher risk of developing harmful and costly complications

Diabetes will cause **1,821,000 deaths** in 2014 - the highest absolute number of deaths across regions

45% of those deaths will be in people **under the age of 60**

Despite being the region with the highest diabetes burden, only **USD 101 billion** will be spent on treating diabetes - 16% of the total worldwide

Top 5 countries for number of people with diabetes (20-79 years), 2014

Countries/territories	Millions
China	96.288
Indonesia	9.116
Japan	7.212
Thailand	4.175
Viet Nam	3.336

Top 5 countries for diabetes comparative prevalence (%) (20-79 years), 2014

Countries/territories	%
Marshall Islands	37.1
Micronesia (Federated States of)	36.3
Tokelau	29.6
Kiribati	26.4
Cook Islands	25.5

*Based on extrapolation from similar countries

Want more information?

For more information on the WP region:
www.idf.org/regions/western-pacific

For the latest updates on the IDF Diabetes Atlas, see www.idf.org/diabetesatlas or scan the QR code for the iPad app

DIABETES ATLAS

Country/territory	Adult population (20-79) in 1000s	Diabetes cases (20-79) in 1000s	Undiagnosed diabetes cases (20-79) in 1000s	Diabetes national prevalence (%)	Diabetes comparative prevalence (%)	Diabetes related deaths (20-79)	Diabetes related deaths under 60, (%)	Cost per person with diabetes (USD)	One in X adults has diabetes
Australia	16,705	859.2	463.5	5.1	4.1	4,963	21.7	7,931.1	19
Brunei Darussalam	281	21.6	11.6	7.7	8.0 *	225	46.3	1,384.0	13
Cambodia	8,961	229.4	144.6	2.6	3.0	5,534	64.6	88.1	39
China	1,032,731	96,288.0	51,273.4	9.3	8.6	1,205,923	41.1	421.3	11
Cook Islands	12	3.1	1.7	25.4	25.5	11	55.1	637.9	4
Dem. People's Republic of Korea	17,422	1,163.5	733.5	6.7	6.2 *	27,890	40.9	-	15
Fiji	549	58.8	31.3	10.7	10.9	1,053	55.2	263.3	9
French Polynesia	190	47.2	25.4	24.8	24.4	-	-	-	4
Guam	107	22.6	12.2	21.1	20.1 *	-	-	-	5
Hong Kong SAR (China)	5,730	568.4	306.6	9.9	7.7	-	-	1,811.4	10
Indonesia	156,789	9,116.0	4,854.3	5.8	6.0	175,936	59.3	174.7	17
Japan	94,909	7,212.1	3,890.9	7.6	5.1	64,715	26.4	4,908.1	13
Kiribati	60	14.2	7.6	23.9	26.4	145	77.1	246.0	4
Lao People's Democratic Republic	3,674	149.3	94.1	4.1	5.0 *	3,710	61.1	74.2	25
Macao SAR (China)	462	43.1	23.2	9.3	8.6 *	-	-	1,026.8	11
Malaysia	19,422	3,225.2	1,717.4	16.6	17.6	34,422	50.7	565.4	6
Marshall Islands	32	11.9	6.3	37.4	37.1	229	62.3	654.3	3
Micronesia (Fed. States of)	54	16.6	8.9	30.8	36.3	170	48.6	516.0	3
Mongolia	1,840	133.8	71.2	7.3	7.5	2,962	85.5	336.9	14
Myanmar	35,436	2,051.0	1,292.9	5.8	6.1	60,518	60.7	30.9	17
Nauru	6	1.4	0.8	23.5	23.3	22	73.8	722.5	4
New Caledonia	176	37.6	20.3	21.3	20.1 *	-	-	-	5
New Zealand	3,166	384.3	207.3	12.1	9.9	2,326	23.8	3,883.2	8
Niue	1	0.1	0.1	13.1	13.4 *	1	66.2	1,820.0	8
Palau	13	2.4	1.3	18.7	18.5 *	27	69.0	1,289.5	5
Papua New Guinea	3,847	200.9	107.0	5.2	6.3 *	4,932	63.5	209.0	19
Philippines	55,540	3,273.6	1,743.2	5.9	6.7	53,549	60.7	205.5	17
Republic of Korea	37,737	2,767.7	1,493.2	7.3	6.0	27,805	37.7	2,144.4	14
Samoa	97	7.0	3.7	7.2	7.6	161	53.0	429.3	14
Singapore	4,160	533.6	287.9	12.8	10.8	4,247	40.4	2,858.0	8
Solomon Islands	281	37.9	20.2	13.5	16.1	495	56.4	236.7	7
Taiwan	17,717	1,757.1	947.9	9.9	8.3	-	-	1,219.3	10
Thailand	49,436	4,175.6	2,223.5	8.5	7.4	84,348	59.3	285.4	12
Timor-Leste	468	26.2	14.0	5.6	6.8 *	590	54.6	105.2	18
Tokelau	1	0.2	0.1	29.8	29.6	-	-	-	3
Tonga	54	7.4	4.0	13.8	14.8	110	49.6	360.8	7
Tuvalu	6	0.9	0.5	15.4	15.3 *	16	62.4	801.3	7
Vanuatu	136	28.6	15.2	21.0	23.7 *	356	61.3	165.1	5
Viet Nam	62,593	3,336.1	1,776.5	5.3	5.7	54,106	53.0	149.9	19

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*Based on extrapolation from similar countries